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	SAV	or!	/ SA	LADS	
Fresh greens, cars	CHICKEN SALI Its, pico de gallo, a blend of stang parnished with our si	cheeses, grilled chicken	on tomatoes, cucumber cheese and croutons	cken served over fresh greens with s, carrots, onions, a blend of	
The second secon	CHICKEN SALI		9.59 Blackened chicken Without chicken 7.1		
our signature Ass	an Zing* sauce garnished s. Served with light Asian	with mandarin grange	CHICKEN TEN	Barrer Ba	
CHICKEN C	AESAR SALAD		WILD WINGS* sauce.	o Tenders, tossed in your tavorite BUFF, served over a bed of fresh greens, with t	lomatoes,
Grilled chicken to	ssed in our signature Pan If tresh romaine and topp		oucumbers, carrets, or 9.59	nions, a blend of cheeses and croutons.	
cheese and crout 9.59	ons, Served with light Car			at the state of	
SALADONESSING O	PTIONS 1 OZ . LIGHT BALSAMI FFALO WILD WINGS RANCH.	C. LIGHT FRENCH, FAT FRE BLDD CHEESE: SOUTHWE	EE RANCH, LIGHT ASIAN SESAI STERN RANCH	ME.	
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BUFFALO R			K STEAK WRAP	CHICKEN WRAP	
Crispy chicken Bu	ffalo Tenders" topped Medium" sauce.	110%, Bursting w	wrap that always gives ith seasoned steak, e, lettuce, pico de gallo	Take the checkered flag with this lar tortilla stuffed with our juicy, Grille Crispy chicken, a blend of cheeses,	d or
ranch dressing, le	thuce, tomato and a May the best meal win	and southwestern		tomato and your favorite BUFFALO? WINGS sauce or dry seasoning.	
[that would be the 9.29		FISH TACOS		9.29	
SOUTHWES QUESO WR/		soft flour tertillas.	filets, cradled in two Topped with colesiaw,	GRILLED CHICKEN BUFFALITOS	
Seasoned, grilled	chicken smothered in restern ranch dressing		end of cheeses and your WILD WINGS sauce.	Two soft flour torbillas with grilled of lettuce, pico de gallo, a blend of che	reses.
with lettuce and p		9.69	Seuce.	sour cream and your favorite BUFFA WILD WINES sauce or dry seasoning 9.29	
ALL WRAPS AND BU	FFALITOS" SERVED WITH FR	ESH CORN TORTILLA CHI	PS AND SALSA.		
WHOLE WHE AT TOR	DILLAS AVAILABLE FOR WRAI	PS UPON REQUEST.			
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WINGS 4.79	4.79	SERURGER	4.78	SLAMMER 4.79	
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SERVED WITH YOUR	CHOICE OF FRUIT CUP, CARRO UNDER TO ENJOY OUR KIDS!	OTS, OR MATURAL-CUT FR MEALS, DON'T MAKE US O	ENCH FRIES, AND MILK OF SOI CARD YOU	TORINA	
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ICE CREAM

or caramel topping.

Ready for overtime? Dig into a scoop of frosty vanilla ice cream, showered with a drizzle of throwback chocolate CHOCOLATE PUBGE CAKE
This is a first-place finish. A big rich slice of chocolate fudge cake drizzled with chocolate sauce and served with vanilla ice cream.

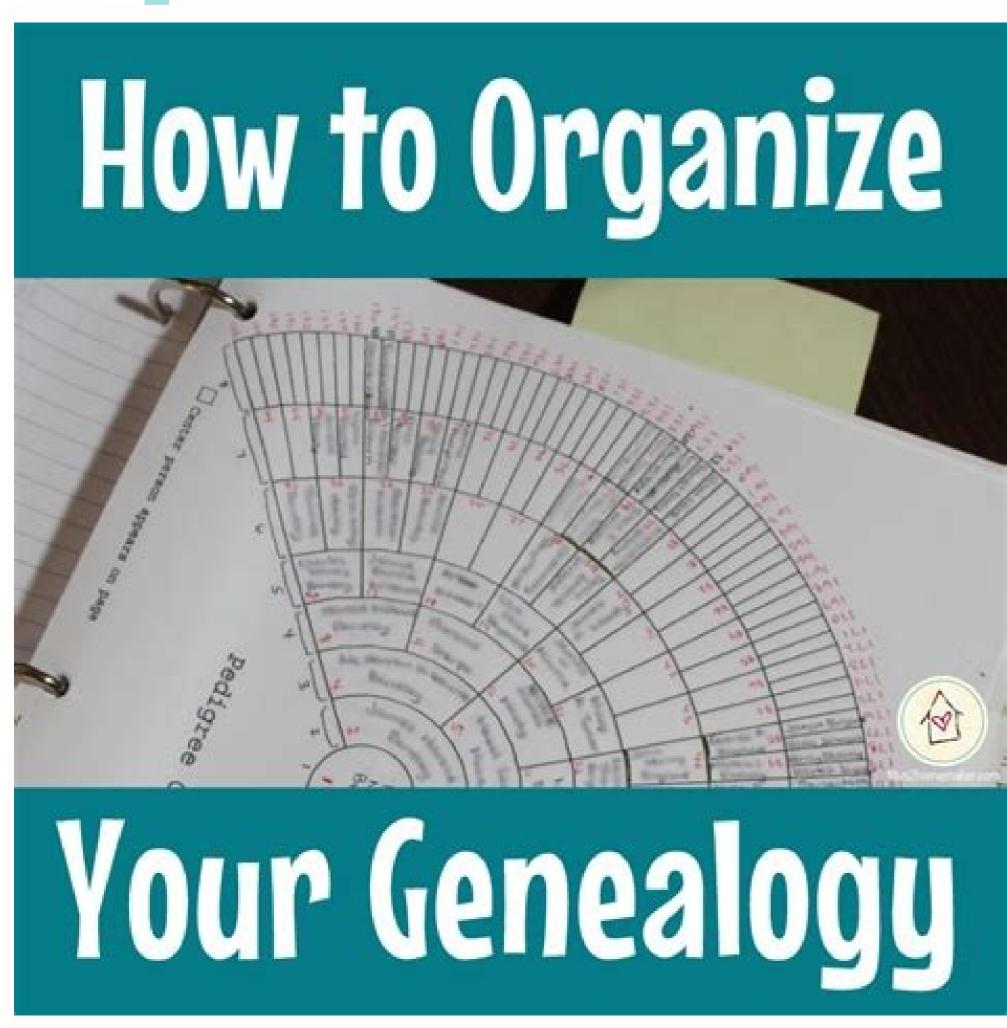
Yep, chocolate on top of chocolate.

4.95

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Bww cheese curds nutrition. Bww onion rings nutrition. Bww menu nutrition. Bww ranch nutrition. Bww sauce nutrition. Bww street tacos nutrition. Bww smoky adobo nutrition. Bww cauliflower wings nutrition.

An order of 30 pieces of traditional lemon pepper wings, meanwhile, pave more calories and sodium. Try the lower calories and sodium. with greens, but still high in sodium due to cA © sagging, this high-fat salad remains one of the most nutritious in the menu. For menu options are large. But eating on a low diet in Fodmap in Buffalo Wild Wings is feasible if you stick to non-sauce and chicken wings, or bidding options. Buffalo Wild Wings offers a variety of alcoholic beverages, including font refreshments and Izze shiny juices. This does not include sauces served on the side. Full meal offers a meal ahead rich in protein and vegetables for children. These values will be lower if you omit dressing and cheese. But you can order wings without sauce to keep your salt intake. The sides menu includes a mixture of fried articles, such as fries and onion rings, and vegetable-based options, such as Slaw and vegetable salad. An order of traditional lemon pepper wings (6 wings) provides 610 calories, 43G fats, saturated fats of 11g, 2G carbohydrates, 53 g protein and 850 mg of sodium. Try to verify our discontinued wild winged winged list articles. The restaurant is clear to say that there is a possibility of cross-contamination. The children's menu includes more small portions of regular menu elements; Each one comes with one side and drink. A Cheddar cheese curd order with a ranch dressing It provides 920 calories, 78G fats, saturated fats of 30 g, carbohydrates 22 g, protein 32G and 2.080 mg sodium. It comes with one side of the fries, which also contain 420 calories, 4G proteins, and and sodium. Buffalo Wild Wings is known for its chicken wings. However, there is a fuss of dishes that can be aligned with a healthy diet, especially if you stick to smaller portions and orders the articles that are easy to share. This is where the higher caloric elements are due to the fact that food in this section of the menu are designed to be shared. Beh Bean Burger Pattygrilled Chicken Browning Bids + any dry seasoning + Any of the following sauces: Asian, honey honey, honey grill, Jalape Jalape, Habanero mango, Sweet Barbecue, Teriyakihouse salad with ranching without fat or Caesar Lightweight Dressing Not many options in Buffalo Wild Wings meets the requirements to qualify as a low sodium plate. Sauces and dried condiments add a lot of sodium, even in small amounts. Salads between E are an excellent way to get vegetables at their meal, but ingredients and dressings can often be a stumbling block. Because it has all the characteristics of a double hamburger with bacon, a double pie, cheese, bacon, a challah bun, and fried potatoes, in addition to cheese curds, this hamburger has one of the sodium counts. S high throughout the menu. This vegetarian option is the most nutritive option in relation to the other hamburgers, although it is still high in calories, sodium and saturated fats. Avoid articles or wrappers / wrapper sodium. The large portions of high fat meat, high-calorie ingredients and sauces can really add here. While it is spicy, it is the lowest in calories and sodium compared to the other sauces, this sodium and calories appetizer, is intended to be shared with your table. Street tacos contain the healthy combination of ingredients, but even more than 2000 mg of sodium. All salads come with garlic toast and croutons; These are also reduced in sodium and carbohydrates, if that is a priority for you. Most major networks, sides and appetizers are high in calories, fats, saturated fats and sodium. Consider sharing a dish with a friend to help you fit into your health goals. For a low sodium option, omit the apothee and order oil and lemon or vinegar, if available. A SLAW VEGGIE order provides 100 calories, 8g fats, saturated 1g fat, 4G carbohydrates, 1G protein and 320 mg sodium. This largest order has 2,870 calories, fats 98G, saturated fats of 52 g, 7g carbohydrates, proteins 266 g, and 3,660 mg sodium. This section contains hamburgers with traditional cheese, as well as signature burgers. This frozen layered drink contains greater amounts of sugar than other drinks at the menu, and can be enjoyed with moderation next to a healthy dinner. A large order of offers (5 each) provides 820 calories, 40g fats, saturated 16g fats, 56 g carbohydrates, 58G protein and 2,480 mg sodium. Water is always the best option, but if you want an additional flavor, try a icy icy without azúcar. High in sodium, calories and carbohydrates than any other dessert in the menu, the chocolate cake Fudge is a rich final of the food and better shared. If you get dessert, compare it with a friend! Loaded ice cream provides 490 calories, 21g fats, saturated fats 11g, 71 g hydrate, 6G protein and 410 mg of sodium. Street tacos provide 630 calories, 49G fats, saturated 9g fat, 43G carbohydrates, proteins 28g and 2,140 mg sodium. The sampler of the house provides 2,540 calories, 150g fat, saturated fats of 58g, carbohydrates of 210 89 g of protein and 6,870 mg of sodium. "Due to our confidence in accurate information providers, kitchen areas shared in our cuisines and cooking procedures, we can not eliminate the risk of cross contact or guarantee guarantee any article is free of any allergen and there are no articles certified as gluten-free, vegetarians or vegan. "The elements of the Buffalo wild wings menu tend to be high in calories and sodium. Select an article to add to your meals. Hamburgers and Sandwiches 20 Articles Wings of Cauliflower 24 Articles Sides 5 Traditional Articles In Wings Of Bone 21 Articles Awater AFFICILY 4 BLUE ARTIONS BLUE BLUECARROT STICKSTRANQUIE DORZYSTAJÃx ... C Z NASZEJS STRONY WYRAÃ ¥ RASZ ZGODÃ " ¢ na Wykorzystywanie Przez Nas Plików Cookies. Most of them are from 500 to 800 calories, but sodium is high for all. A small order of traditional wings (6 wings) provides 430 calories, 24g fats, saturated fats of 8g, carbohydrates of 8 g, protein of 53 g, and 160 mg sodium. However, the sodium options are in summary Supply: Even the desserts are high in sodium. Naked offers are lower S In calories, but even in sodium because they are prejudiced with salt and pepper. The control of the portion is also key here; These sides are intended to be shared. With Sirloin, southwest ranch sauce and pepper cheese, this dish is one of the highest saturated fat, as well as sodium. Choose one side of carrots or oranges of tangerine and water, low-fat milk or 100% fruit juice for healthy food (instead of french fries and sodas). In general, opting for vinaigrettes or light dressings can keep the calories in the control. An order of the pepper meat envelope Jack provides 1,080 calories, fats of 69 g, saturated fats of 21 g, 60 g of carbohydrates, proteins of 56 g and 2,780 mg sodium. The Izze juices are made of 100% fruit juice, so they can be another option that is a little healthy than the soft drink. The guide is updated periodically, but it is better to inform Your server from any upgrade to ensure that there has been no change since the last update of the guide. They adhere to a low carbohydrate diet on the wild wings, they do not have any source. With two different types of cabbage, as well as carrots and white wine vinaigrette, this side dish is low in both calories and fat. However, keep in mind that it is still very high in Sodium at 1600 mg, which is 100 mg about the ideal daily amount recommended by the American Heart Association. The southwestern black bean hamburger provides 740 calories, 42G fats, saturated fats of 11g, 74 g carbohydrates, protein 31G and 1,780 mg of sodium. Opt over grilled chicken, if possible, and ask for sauces on the side to reduce calories. Traditional wings + any dry seasoning or any of the following sauces: blazin ', hot garlic, soft, medium, spicy, parmesan garlic, wild color players. Thai + any dry seasoning or any of the following sauces: blazin', hot, mild, medium, spicy garlic, parmesan garlic, wild, currysalads thai without croutons and toast of garlic + complementary protein (patty hamburger or grilled chicken breast) + any of the following apits: ranch, blue cheese, lime cilantro, Lightweight, White Vinagreteyeggie Wine Slawstreet Tacos (Medium Porción) Most of the Menu Elements contain garlic and / or onion or multiple high-Fodmap ingredients inside a dish so that they are difficult to modify. A small order of tie-up tenders (3 each) provides 490 calories, 24g fats, saturated fats of 9g, carbohydrates 34g, protein 35G and 1490 mg of sodium. Moã ¥ ¼esz okreà ¥> Liä â € Warunki Przechowywania LUB Dostä Â "¢ PU DotÃ" Â "¢ PU do Plików Cookies W Twojej przeglÃ" ... Darce Oraz Akceptujesz Regulamin Naszego Sklepu. Buffalo Wild Wings has added multiple gluten-free options to your menu. An order of the children of traditional wings (without dry seasoning, without sauce) provides 290 calories, 16g fat, saturated fat of 5G, carbohydrates from 0 g, 35g and sodium of 105 g. The calories are moderate because the portions are smaller. The dry seasoning of lemon pepper will only add 5 calories to your order. The locations also offer a breakfast menu. What ordere and avoid in Buffalo Wild Wings Nutritious options: less nutritious options wings (wings) Limon wings (wings) Traditional wings (wings) Traditional wings (wings) Naked tenders). Tacos (Bar Food) House Sampler (Bar Food) House Sampler (Hamburger) Hand-drawn bids (tenders). Tacos (Bar Food) House Sampler (Bar Food) Buffalites (Sandwiches & Wraps) Pepper Jack Steak Wrap (Sandwiches & Wrapping) Slaw (sides) Cheddar Cheese Curns (Sides) Side) Salad (Greens) Traditional Wings Food (Children's Men) Macaroni and Cheese Food (Menu for Niños) Ice cream loaded (desserts) Chocolate Azúcar Cake (desserts) Water, I frozen without azúcar (drinks) Torcida Margarita (drinks) If you are looking for the healthy food of Buffalo Wild Wings, the general nutrition profile of the Grilled chicken buffalites makes it the best option. It is better that it does not consume these regularly, since they are high in calories, fats and sodium. The articles in this section are very high in sodium (ranging from 1180 mg to 7070 mg). However, be sure to verify with the restaurant when you visit to ask about any possible cross-contamination. Traditional or boneless wings with salt + dry vinegar in drying, without sauce to meet a diet friendly with diabetes, you will want to keep meals that can help you control your sugar in the blood. Like wings, offers can be ordered naked or hand-drawn. This does not include any sauce or rub. Bacon's Bacon Burger of BWW cheese provides 1,210 calories, 83 g fats, saturated fats of 35g, 50 g carbohydrates, 68G protein and 2,790 mg sodium. The They include: traditional wings + any dry seasoning + any of the following sauces: hot, mild, Nashville hot barbecue, Curry Thailand, Tolding Wildy Back Beans) + Additional Proteins (Hamburger Patty, Grilled Chicken Breast, Hand-Handed Chicken Breast or Patty Black Beans) + Any of the following Apoupers: Ranch, Blue Cheese, Lime Cilantro, Light Caesar, White Wine Vinagreteveggie Slawstreet Tacos, White many of the dishes in the menu, including hamburgers, chicken wings and bar food, are high in fat, there are some that work if you follow a low fat diet. Traditional wings + All dry condiments and sauces, except asian zing, Teriyaki, and Thai currynakes chicken stores, fries and sauce, dirty dubs Tots, dirty nachossalads without croutons and garlic toast + any salads + Patty Hamburger Patty (additional proteins) or grilled chicken breast (additional protein) There is a cross-contamination potential for any of These elements, even if the ingredients in them do not contain gluten. Order without cheese to reduce saturated fat and sodium. You may need to modify some of the orders or select particular sauces. This order will provide 160 calories, 1g fat, 0g saturated fats, carbohydrates from 0 g, protein of 37 g and 1,140 mg of sodium. Wings can be ordered traditional or boneless and diners can customize wings with more than 20 sauces and a variety of dry condiments. Buffalo Wild Wings offers meal options for gluten-free diners, low carbohydrate, under Fodmap, diabetes, friendly diabetes, with vegetarian, vegetarian and vegan diets. Alternatively, the desert heat seasoning provides 5 calories, 0g of grease, 0g saturated fats, 1g carbohydrates, 0g proteins and 250 mg sodium. The standard portions of desserts are very high in calories, Saturated and sodium. If you are looking for low carbohydrate options, you will find more options due to the number of high protein menu. Traditional wings without an additional seasoning are the lowest sodium option. These chicken tacos pulled include rooster peak homemade and its of sauces. Braided margarita contains 390 calories, 0g fat, 0g saturated fats, 66 g carbohydrates, 1g protein, 0 mg sodium and 60g Azúcar. Water and unavoided tà © provide healthy hydration with 0 calories. This section of the menu includes a variety of sandwiches and wrappings, and all contain chicken or beef. For the most nutritive option in the tenders menu, choose the small order of 3 pieces of naked chicken tenders. If you are following a low sodium diet, you move away from any condiment, sauces and additional dressings, as they will guickly join in small portions. The end of the results did not find what you are looking for? Even the articles that may seem vegetarians or vegan, like Nacho Chips. French fries and cauliflower wings, no. If you select selectively and practice control of the parts, you can still find something to meet your dietary needs. Add to this side of carrots sticks, which provides 50 calories, 0g fat, saturated fat, 11g carbohydrates, 1G protein and 90 mg sodium. But it is better to avoid the battered and fried sides that are very high in calories, unhealthy fats and sodium. But it is better to avoid the battered and fried sides that are very high in calories, unhealthy fats and sodium. But it is better to avoid the battered and fried sides that are very high in calories, unhealthy fats and sodium. But it is better to avoid the battered and fried sides that are very high in calories, unhealthy fats and sodium. But it is better to avoid the battered and fried sides that are very high in calories, unhealthy fats and sodium. But it is better to avoid the battered and fried sides that are very high in calories, unhealthy fats and sodium. But it is better to avoid the battered and fried sides that are very high in calories, unhealthy fats and sodium. But it is better to avoid the battered and fried sides that are very high in calories, unhealthy fats and sodium. But it is better to avoid the battered and fried sides that are very high in calories, unhealthy fats and sodium. But it is better to avoid the battered and fried sides that are very high in calories, unhealthy fats and sodium. But it is better to avoid the battered and fried sides that are very high in calories and sodium. hamburger. Loaded with chicken pulled and rooster peak, this dish has high protein and fresh vegetables to keep it spicy and tasty. Instead, opt for a lower sauce in calories. Only Patty only provides 200 calories, 6g fats, saturated fats of 1g, 31G carbohydrates, proteins 18g and 540 mg of sodium. This food for heavy carbohydrate children contains 1,860 mg of sodium and 906 calories, so try to opt for a different side when it is available to keep salt intake low. "Buffalo Wild Wings specializes in fried, wings, hamburgers and beers. When you are pleased at a less healthy option, consider sharing the food to reduce the content of calories and fat. "" Barbie Cervoni, MS, RD, CDNES, CDN The Buffalo wild wings menu is divided. Wings, tenders, bar food, hamburgers, sandwiches and wrappings, sides, vegetables, desserts and a children's menu. The smoked marinade sauce has fewer calories, at 35 per portion. Big Twist pretzel with the chile hatch with the salad of Quesomac and Hebehouse with white wine VinaGreteveggie SlawsouthWestern Black Bean Burger Only some options at the BWW menu are suitable for people in a plant-based diet, due to Métte de preparation in the restaurant. The chopped cobb salad with ranch dressing offers 860 calories, 71g fat, saturated fats of 16 g, carbohydrates of 14 g, protein 40g and 1.970 mg of sodium. This dessert has vanilla ice cream covered with chocolate, caramel and cinnamon sugar, and since most of the treats are high in carbohydrates. The information below is based on the allergen guide and preparation of Buffalo Wild Wings (Last Update in September 2021). The dish of macaroni and cheeses of food for children provides 540 calories, fats 28g, saturated fat of 17g, carbohydrates of 52 g, protein 19g and 1130 mg sodium. Chocolate Azúcar Cake provides 780 calories, 33G fats, saturated fats of 15g, carbohydrates of 115 g, 11 g of protein and 740 mg sodium. House salad with white wine Vinigrette arrots and celery with white vinaigrette Buffalo Wild Wings Allergen & Preparation Guide also offers information about food preparation and kitchen operations. To help you take the best options, nutritional information is provided for each element of the menu. This does not include French fries. Traditional wings (small size, without sauce or dry seasoning) Slaw vegetarians and people who avoid meat products should be cautious for eating fried menu elements, since Buffalo's savage wings use shortening Ternery in his freed oil. The nutrition guide of the restaurant to take the best options. An order of grilled chicken buffalites provides 500 calories, fats 22g, saturated fat fats, 44 g carbohydrates, protein 34G and 1,320 mg sodium. sodium.

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